| | MONDAY | | TUESDAY | | WEDNESDAY |
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| | | | | 16.45 | ISTD Modern Theatre Seniors |
| | | | | | 60 mins studio 2 |
| 16.45 | Mini Street | | | 17.00 | Strictly Kids age 5-10 |
| | 30 mins studio 2 | | | | 45 mins studio 3 |
| 17.00 | Contemporary 1 | 16.30 | AQA GCSE DANCE | 17.45 | Pre Pointe Class |
| | 60 mins studio 5 | | 90 mins studio 3 | | 45 mins studio 3 |
| 17.15 | Junior Street | 16.30 | Level 1 Acro Dance (age 3-5) | 17.45 | Grade 3 ballet |
| | 45 mins studio 2 | | 45 mins studio 6 | | 45 mins studio 2 |
| | | 17.00 | ISTD Pre Primary & Pri ballet | 18.30 | Grade 4 ballet |
| | | | 45 mins studio 2 | | 60 mins studio 4 |
| 18.00 | Contemporary 2 | 17.15 | Level 2 Acro Dance | 18.30 | Progressive ballet Tech |
| | 60 mins studio 5 | | 45 mins studio 6 | | 45 mins studio 5 |
| 18.00 | ISTD Grade 3 Ballet | 17.45 | ISTD Grade 1 & 2 ballet | 19.30 | Grade 5/6 Inter ballet |
| | 45 mins studio 3 | | 45 mins studio 2 | | 60/75 mins studio 5 |
| 18.00 | ISTD Grade 4 Ballet | 18.00 | Level 3 Acro Dance | | |
| | 60 mins studio 2 | | 60 mins studio 6 | | |
| 19.00 | ISTD Grade 5/6 Ballet | 18.00 | Tu DanseSquad | | |
| | 60 mins studio 2 | | 90 mins studio 5/2 | | |
| | | | | | SATURDAY |
| | | | | 9.00 | "Dance with me" |
| | | | | | 30 mins- studio 2 |
| | | | | 9.15 | Tap & Modern( age 4-8) |
| | | | | | 45 mins- studio 3 |
| | | | | 9.30 | Tutus & Ballet shoes |
| | | | | | 30 mins- studio 2 |
| | | | | 10.00 | Dancin Tots |
| | THURSDAY | | | | 30 mins-studio 3 |
| | | | | 10.00 | ISTD Pre Pri Ballet |
| | | | | | 45 mins- studio 2 |
| 16.00 | Dancin Tots age 3-5 | | | 10.30 | Mini Street |
| | 30 mins- studio 3 | | | | 30 mins-studio 5 |
| 16.00 | ISTD Primary Tap & Modern | | FRIDAY | 10.45 | ISTD Pri ballet |
| | 45 mins- studio 3 | | | | 45 mins-stuidio 2 |
| 16.30 | ISTD Pre & Primary ballet | | | 11.00 | Junior Street |
| | 45 mins- studio 5 | | | | 45 mins-studio 5 |
| 16.45 | ISTD Grade 1 Tap | 14.00 | Tea Dance | 11.30 | ISTD Grade 1 ballet |
| | 45 mins- studio 3 | | 2 hours Studio 5 | | 45 mins-studio 2 |
| 17.15 | Junior Contemporary | | | 11.45 | Inter Street |
| | 45 mins-studio 5 | | | | 60 mins-studio 5 |
| 17.30 | ISTD Grade 2 Tap | | SUNDAY | | |
| | 45 mins-studio 3 | | Private lessons | | |
| 18.00 | ISTD Grade 1 Ballet | | | 12.15 | Mini Performers 4-7 |
| | 45 mins-studio 5 | | Workshops | | 45 mins-studio 2 |
| 18.15 | ISTD Grade 4 Tap | | | 13.00 | Junior PA 8-11 |
| | 45 mins- studio 3 | | Tea Dances | | 2 hours-studio 2/6 |
| 18.45 | ISTD Grade 2 Ballet | | | 13.00 | Senior PA 12+ |
| | 45 mins -studio 5 | | | | 2 hours- studio 2/6 |
| 19.00 | ISTD Inter Tap | | | | |
| | 45 mins-studio 3 | | | | |
| 19.30 | Grade 4 Ballet | | | | |
| | 60 mins-studio 5 | | | | |